

Declaration of symptoms of an infectious disease procedure

Scope	All staff, without exception
Version	1.0
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Introduction





Under section 49 of the Occupational Health and Safety Act (OHSA), employees must take the necessary steps to protect their health, safety or physical integrity and must ensure that the health, safety or physical integrity of others in the workplace or near the workplace is not at risk.

In times of pandemic, the employee is responsible for monitoring his health and reporting any symptoms related to Covid-19 to his employer.

Here's how to do it:

1. Pay particular attention to your health.
2. **Do not show up for work** and quickly contact your immediate supervisor when you have one or more of the following symptoms:
 - Cough
 - Respiratory difficulty
 - Sudden loss of smell without congestion, with or without a loss of taste
 - Fever;

What temperature is considered a FEVER?

			
Mouth More than 37.5°C (99.5°F)	Ear More than 38.0°C (100.4°F)	Rectum More than 38.0°C (100.4°F)	Armpit More than 37.3°C (99.1°F)

Call your doctor if the temperature exceeds 38.3°C for more than 24h

2.1. Be sure to make a list of co-workers with whom you have been in contact for more than 15 minutes, within 2 meters, within the last 48 hours before symptoms appear and provide this list to your employer.

2.2 In the case where a worker resides with a person with the above-mentioned symptoms or has Covid-19, the person must apply the same steps as an infected person.

3. **Contact the coronavirus info line 1-877-644-4545** to inform them of your symptoms and follow the instructions you are given.

If you have severe breathing difficulties, call 911. **

4. The human resources department will contact you to discuss the next steps. You must inform them of the guidelines provided to you by the Corona virus Info line and your estimated period of absence.
5. Before the employee can return to work, he or she will need to ensure that the criteria issued by the Public Health Directorate are met:
 - a. A period of isolation of at least 14 days since the onset of the disease in its acute phase;
 - b. Lack of acute symptoms for 24 hours (excluding a residual cough that may persist);
 - c. An absence of fever for 48 hours (without taking medication).

The human resources department will ask you to meet each of the criteria and provide the start and end dates of the criteria.

Questions

If you have any questions about this policy, please contact a Human Resources representative.